

Self Reflection

This is the way I learn:

Check off what is true about how you learn best

☐

I need to talk to others about my ideas

☐

I need to have quiet time alone to think

☐

I need time to think before I write or draw

☐

It helps me to draw or write things down

☐

I need help getting started

☐

I need to move around during class

☐

My Inquiry Tools: (Circle Yes or No)

Writing in my journal helps me

Yes

or

No

Diagrams and pictures help me

Yes

or

No

My classroom community helps me

Yes

or

No

Reading books helps me

Yes

or

No

Demonstrations help me

Yes

or

No